


May 2017

Monday			Tuesday			Wednesday			Thursday			Friday		
1	Pickleball Open Play 7290	8:00AM	2			3	Gentle Yoga 6950	8:30AM	4	Qi Gong 6897	8:30AM	5	Yoga for Every-Body 6935	8:30AM
	Qi Gong 6902	8:30AM					Pickleball Open Play 7291	8:30AM		Health Barre 6881	8:30AM		Scrabble 7283	9:00AM
	Computer Tutoring 7316	9:00AM		Yoga for You 6829	8:30AM		Computer Tutoring 7316	9:30AM		Computer Tutoring 7316	9:30AM		Line Dancing Beginning Level 2+ 6913	9:00AM
	Line Dancing Beginning Level 1 6907	9:00AM		Fun Sway 6834	9:00AM		Encinitas Happy Feet 7002	9:45AM		Fun Sway 6839	10:00AM		HICAP *	9:30AM
	Watercolor & More 7225	9:00AM		Yoga for Peace And Vitality 6858	10:00AM		Stamp Club 7287	10:00AM		Yoga For Peace and Vitality 6886	10:00AM		Blood Pressure Clinic	10:30AM
	Gentle Yoga 6918	10:00AM		Zumba Gold 6853	10:30AM		Hula - Beginning 7220	10:00AM		Duplicate Bridge 7070	12:30PM		Love to Sing 6928	10:30AM
	Exercise with Carl 6997	10:30AM		Current Events 7067	1:30PM		T'ai Chi Chih Beg/Int 7012	10:30AM		Mah Jong 7288	12:30PM		T'ai Chi Chi - Intermediate 7017	10:30AM
	Health Barre 6876	10:30AM					R & R Yoga 7216	12:00PM		Party Bridge 7439	12:30PM		T'ai Chi Chih - Beginning 2 7028	12:00PM
	Beginners Yoga 6940	11:15AM					Ukulele Beginning 6955	1:00PM		Computer Tutoring 7316	1:00PM		Yoga Therapy 6891	1:30PM
	Silver Age Yoga 7034	12:45PM					Drawing Made Fun & Easy 7351	2:00PM		Italian Conversation 7285	1:00PM		Writing to Heal 6923	1:30PM
	Pilates Mat Class 6945	1:00PM					Ukulele Intermediate 6960	2:30PM					Pickleball Open Play 7289	1:30PM
	Silver Age Yoga 7004	2:00PM												
Bereavement Support Group 7497	2:30PM													
8	Pickleball Open Play 7290	8:00AM	9			10	Gentle Yoga 6950	8:30AM	11	Qi Gong 6897	8:30AM	12		
	Qi Gong 6902	8:30AM					Pickleball Open Play 7291	8:30AM		Health Barre 6881	8:30AM		Yoga for Every-Body 6935	8:30AM
	Computer Tutoring 7316	9:00AM		Yoga for You 6829	8:30AM		Computer Tutoring 7316	9:30AM		Computer Tutoring 7316	9:30AM		Scrabble 7283	9:00AM
	Line Dancing Beginning Level 1 6907	9:00AM		Fun Sway 6834	9:00AM		Encinitas Happy Feet 7002	9:45AM		Yoga For Peace and Vitality 6886	10:00AM		Line Dancing Beginning Level 2+ 6913	9:00AM
	Watercolor & More 7225	9:00AM		Yoga for Peace And Vitality 6858	10:00AM		Hula - Beginning 7220	10:00AM		Duplicate Bridge 7070	12:30PM		Love to Sing 6928	10:30AM
	Gentle Yoga 6918	10:00AM		Sittin' & Knittin' 7286	10:00AM		T'ai Chi Chih Beg/Int 7012	10:30AM		Mah Jong 7288	12:30PM		Yoga Therapy 6891	1:30PM
	Exercise with Carl 6997	10:30AM		Zumba Gold 6853	10:30AM		R & R Yoga 7216	12:00PM		Party Bridge 7439	12:30PM		Writing to Heal 6923	1:30PM
	Health Barre 6876	10:30AM		AARP Smart Driver Course*	12:30PM		Ukulele Beginning 6955	1:00PM		Computer Tutoring 7316	1:00PM		Pickleball Open Play 7289	1:30PM
	Beginners Yoga 6940	11:15AM		Current Events 7067	1:30PM		Ukulele Intermediate 6960	2:30PM		Italian Conversation 7285	1:00PM			
	Silver Age Yoga 7034	12:45PM								Ballroom Dance - Fox Trot 7281	2:00PM			
	Pilates Mat Class 6945	1:00PM												
	Silver Age Yoga 7004	2:00PM												
Bereavement Support Group 7497	2:30PM													
15	Pickleball Open Play 7290	8:00AM	16			17	Gentle Yoga 6950	8:30AM	18	Qi Gong 6897	8:30AM	19		
	Qi Gong 6902	8:30AM					Pickleball Open Play 7291	8:30AM		Health Barre 6881	8:30AM		Yoga for Every-Body 6935	8:30AM
	Computer Tutoring 7316	9:00AM		Yoga for You 6829	8:30AM		Computer Tutoring 7316	9:30AM		Computer Tutoring 7316	9:30AM		Scrabble 7283	9:00AM
	Line Dancing Beginning Level 1 6907	9:00AM		Fun Sway 6834	9:00AM		Encinitas Happy Feet 7002	9:45AM		Yoga For Peace and Vitality 6886	10:00AM		Line Dancing Beginning Level 2+ 6913	9:00AM
	Watercolor & More 7225	9:00AM		Yoga for Peace And Vitality 6858	10:00AM		Hula - Beginning 7220	10:00AM		Older Americans Month Walk 8201	10:00AM		Love to Sing 6928	10:30AM
	Gentle Yoga 6918	10:00AM		Zumba Gold 6853	10:30AM		T'ai Chi Chih Beg/Int 7012	10:30AM		Blood Pressure Clinic	10:30AM		T'ai Chi Chi - Intermediate 7017	10:30AM
	Exercise with Carl 6997	10:30AM		Current Events 7067	1:30PM		R & R Yoga 7216	12:00PM		Duplicate Bridge 7070	12:30PM		T'ai Chi Chih - Beginning 2 7028	12:00PM
	Health Barre 6876	10:30AM		Senior Citizen Commission Meeting	2:00PM		Ukulele Beginning 6955	1:00PM		Mah Jong 7288	12:30PM		Yoga Therapy 6891	1:30PM
	Beginners Yoga 6940	11:15AM		Encinitas City Hall Council Chambers			Book Club - <i>Me Before You</i> 7042	1:30PM		Party Bridge 7439	12:30PM		Writing to Heal 6923	1:30PM
	Silver Age Yoga 7034	12:45PM					Ukulele Intermediate 6960	2:30PM		Computer Tutoring 7316	1:00PM		Pickleball Open Play 7289	1:30PM
	Pilates Mat Class 6945	1:00PM								Italian Conversation 7285	1:00PM		<b>Social Dance</b> - Pier Group	2:00PM
	Silver Age Yoga 7004	2:00PM								Ballroom Dance - Fox Trot 7281	2:00PM			
Bereavement Support Group 7497	2:30PM													
22	Pickleball Open Play 7290	8:00AM	23			24	Gentle Yoga 6950	8:30AM	25	Qi Gong 6897	8:30AM	26		
	Qi Gong 6902	8:30AM					Pickleball Open Play 7291	8:30AM		Health Barre 6881	8:30AM		Yoga for Every-Body 6935	8:30AM
	Computer Tutoring 7316	9:00AM		Yoga for You 6829	8:30AM		Computer Tutoring 7316	9:30AM		Computer Tutoring 7316	9:30AM		Scrabble 7283	9:00AM
	Line Dancing Beginning Level 1 6907	9:00AM		Yoga for Peace And Vitality 6858	10:00AM		Encinitas Happy Feet 7002	9:45AM		Yoga For Peace and Vitality 6886	10:00AM		Line Dancing Beginning Level 2+ 6913	9:00AM
	Watercolor & More 7225	9:00AM		Sittin' & Knittin' 7286	10:00AM		Hula - Beginning 7220	10:00AM		Duplicate Bridge 7070	12:30PM		Love to Sing 6928	10:30AM
	Gentle Yoga 6918	10:00AM		Zumba Gold 6853	10:30AM		T'ai Chi Chih Beg/Int 7012	10:30AM		Mah Jong 7288	12:30PM		T'ai Chi Chi - Intermediate 7017	10:30AM
	Exercise with Carl 6997	10:30AM		Current Events 7067	1:30PM		R & R Yoga 7216	12:00PM		Party Bridge 7439	12:30PM		T'ai Chi Chih - Beginning 2 7028	12:00PM
	Health Barre 6876	10:30AM					Ukulele Beginning 6955	1:00PM		Computer Tutoring 7316	1:00PM		Yoga Therapy 6891	1:30PM
	Beginners Yoga 6940	11:15AM					Drawing Made Fun & Easy 7351	2:00PM		Italian Conversation 7285	1:00PM		Writing to Heal 6923	1:30PM
	Silver Age Yoga 7034	12:45PM					Ukulele Intermediate 6960	2:30PM		Ballroom Dance - Fox Trot 7281	2:00PM		Pickleball Open Play 7289	1:30PM
	Pilates Mat Class 6945	1:00PM								Cooking 'Round the World - Greece 7276	4:00PM			
	Silver Age Yoga 7004	2:00PM												
Bereavement Support Group 7497	2:30PM													
29			30			31	Gentle Yoga 6950	8:30AM	<div><div></div><div><b>*Indicates Appointment or RSVP Required</b></div></div> <div><b>Encinitas Senior Center</b> 760-943-2250 760-943-2258 lunch reservation 1140 Oakcrest Park Drive Encinitas, CA 92024 www.EncinitasParksandRec.com</div>					
							Pickleball Open Play 7291	8:30AM						
							Computer Tutoring 7316	9:30AM						
							Encinitas Happy Feet 7002	9:45AM						
							Hula - Beginning 7220	10:00AM						